

SPIRITUAL WELLNESS RESOURCES

Compiled by Rev. Joe Nilsen



Daily Devotional Literature

Bread for the Journey – Henri Nouwin

Daily Guideposts – www.guideposts.org

Portals of Prayer – www.cph.org

Our Daily Bread – www.odb.org

A Year with god – Richard Foster

The Tender Words of God – Ann Spangler

Grace for the Moment – Max Lucado

Life's Daily Blessings (Based on Jewish wisdom) – Kerry M. Olitsky

The Upper Room Devotional Guide – www.upperroom.org

Moments of Peace in the Presence of God – Bethany House

Other Readings

"Meditative Prayer", Richard Foster

"Living the Message", Eugene Petersen

"The Inner Voice of God", Henri Nouwen

"Abba's Child", Brennan Manning

"Chicken Soup for the Soul" Series (Stories to Open the Heart and Rekindle the Spirit)
- Canfield and Hansen

"The Purpose Driven Life", Rick Warren

"Devotional Classics", Foster & Smith

Periodicals

"Weavings: A Journal of the Christian Spiritual Life" – Upper Room

"Guideposts" – www.guideposts.org