



FGRS Announces Launch of Weekly Blood Pressure Screening

Fairfield Glade Resident Services (FGRS) will sponsor FREE weekly blood pressure screening at the Village Green Mall, 126 Stonehenge Drive. The start date will be **Thursday, April 18**, between the hours of 10:00am-12:00noon. FGRS has recruited a dedicated group of retired nurses who will volunteer their time and skills to staff the weekly clinics. Given its importance in determining health care, measuring blood pressure accurately and consistently is very important. Residents are always encouraged to share blood pressure results with their personal health care provider(s).

Safety in the home and transportation to medical appointments is also critical to health, and information will be available at the weekly clinics regarding two FGRS programs: 1) *The Home Safety Assistance Program* offers installation of grab bars, rails, and ramps, and 2) *The Way to Go Program* has volunteers to provide transportation to medical appointments in Crossville, Cookeville, and Knoxville, as well as local rides for non-medical needs. Please visit the FGRS website for additional information regarding these and other FGRS programs at:

www.fgrservices.org

Fairfield Glade Resident Services

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